

INDULGENT COUPLES' BREAK



DURATION
7 days

HOTELS
5 star



Couples (average age 52) seeking an extravagant holiday at a resort where they can relax in the sun and feel pampered and reconnected.

During their stay, they will want to relax and enjoy the amenities at their resort, including sunbathing and spa treatments.

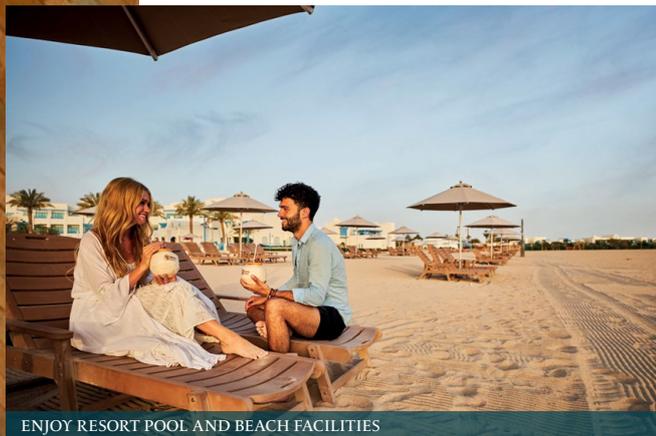
They also will want to explore the city on foot, try the local cuisine and visit sites of natural beauty.



SCAN *OR* CLICK FOR OUR 'VISIT QATAR' APP

Discover our unique destination with the free Visit Qatar app! Be our guest as our guides captivate you with 360° experiences, collect your favourites with a simple swipe and personalise your visit for you.

DAY 1 | EASE IN AT THE RESORT



ENJOY RESORT POOL AND BEACH FACILITIES

1 | Enjoy resort pool and beach facilities

Recover from your travels with some rest and relaxation at your exclusive beach resort. Spend the morning walking the beach, sunbathing and taking dips in Doha's sparkling Gulf waters and your resort's exclusive pools.

2 | Partake in water sports/marine activities

Indulge in the various watersports or marine activities that Qatar has to offer. You can organize lessons or equipment rentals from your resort for kayaking, stand-up paddling (SUP), parasailing, kitesurfing and wakeboarding amongst many more.

[Find out more...](#)



WATER SPORTS/MARINE ACTIVITIES

3 | Relax and rejuvenate at the resort spa

Qatar's five-star properties house some of the most luxurious spas in the world. Relax and rejuvenate with a spa treatment of your choice.

[Find out more...](#)

4 | Evening walk along the Corniche and dhow boat (dinner) cruise

End your day with a leisurely stroll along Doha's famous waterfront Corniche. Take in the sights and sounds of the city and enjoy watching life go by as the sun sets. From the Corniche, take a traditional wooden dhow boat tour, with a pre-arranged dinner on board. Enjoy dining on Doha's waters with the evening skyline glittering in a distance.



RELAX AND REJUVENATE AT THE RESORT SPA



DHOW BOAT (DINNER) CRUISE AT CORNICHE

DAY 2 | A TASTE OF LOCAL CULTURE



MUSEUM OF ISLAMIC ART (MIA) AND MIA PARK

1 | Wander through iconic Museum of Islamic Art (MIA) and MIA Park

Begin your tour at the famous Museum of Islamic Art, an architectural wonder designed by Pritzker prize-winning architect I.M. Pei, covering 14 centuries of Islamic art and artefacts. The museum comprises four floors of permanent and temporary exhibitions, a gift shop, a café and the haute cuisine restaurant IDAM by renowned chef Alain Ducasse, on the fifth floor. Afterwards, relax and enjoy the surrounding MIA Park where you can stroll, enjoy public art, gardens and cafés and take in the Doha skyline from the best vantage point in the city.

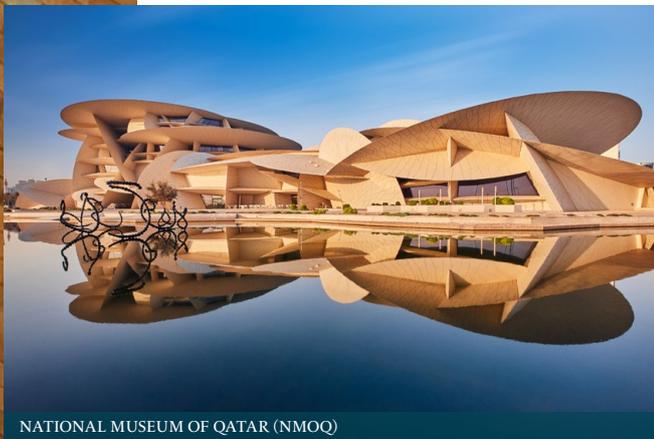
[Find out more...](#)

2 | Experience the National Museum of Qatar (NMoQ)

Be awed by the desert-rose inspired National Museum of Qatar, where interactive displays bring the country's past to life. Built around Sheikh Abdullah bin Jassim Al-Thani's original palace, the National Museum of Qatar charts the country's

history and progress through the centuries. While on-site, enjoy rotating activations of the museum courtyards, fabulous cafés, and unique shops.

[Find out more...](#)



NATIONAL MUSEUM OF QATAR (NMOQ)

3 | Stroll through vibrant Souq Waqif & the Gold Souq

Built on the site of Doha's century-old trading market, Souq Waqif's winding alleys with merchants selling traditional garments, spice and handicrafts remain an important part of daily life in Qatar. The newly renovated souq now also offers a myriad of restaurants, coffee shops and lounges. Souq Waqif is also home to the Falcon Souq, where you can see the majestic birds up close and pose with a falcon perched on your arm. Continue the tour to the Gold Souq across the street where all that glitter is, in fact, gold. Shoppers can find a rich variety of jewellery, both traditional and contemporary pieces, at competitive prices.

[Find out more...](#)



SOUQ WAQIF & THE GOLD SOUQ

4 | Try the local cuisine in one of a myriad of souq eateries

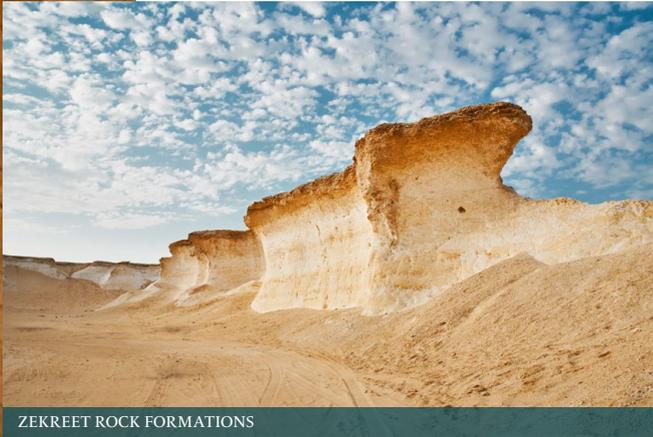
Relish a sumptuous meal at one of the many unique and traditional eateries in Souq Waqif, with both indoor and outdoor dining options.

[Find out more...](#)



SOUQ EATERIES

DAY 3 | WHERE NATURE MEETS ART



ZEKREET ROCK FORMATIONS

1 | Tour of Zekreet area

Venture out on a tour of the Zekreet area, a village in north-western Qatar near Dukhan and about 80 km north-west of Doha. Nestled between limestone rock formations outside Zekreet and Ras Abrouq Nature Reserve, you will find Richard Serra's East-West/West-East installation, comprising four steel plates, each of which is over 14m in height, and spanning over 1km. It stands in stark contrast to the soft brown hues of the desert surrounding it and offers a comment on isolation and the passage of time.

Other highlights of the tour includes rock climbing, exploring Film City and visiting an Arabian oryx sanctuary, a breeding farm for Qatar's national animal.



FIRE STATION ARTS HUB

2 | Explore the Fire Station arts hub and wander through Al Bidda Park

The Fire Station, built in 1982, had the last fire engine removed in December 2012, then becoming part of the Qatar Museums network. Converted into a contemporary arts hub, the galleries showcase art and artists, engage the local community, and nurture emerging talent through its artist in residence program.

Adjacent to the Fire Station, take a walk through Al Bidda Park that stretches along the Corniche from the heart of Doha to West Bay. The park showcases native trees, including the iconic Sidra tree, and glimpses of Qatar's art, heritage, and architecture. It also houses a wide variety of sports and recreational facilities.

[Find out more...](#)



MSHEIREB DOWNTOWN AND DOHA DESIGN DISTRICT

3 | Wander through Msheireb Downtown and Doha Design District

Continue your journey to the vibrant neighbourhood of Msheireb Downtown that revives Doha's old commercial district with a new architectural language. Dive deep into Qatar's untold stories and intriguing history at the Msheireb Museums. Explore the four historic heritage houses that have been restored and transformed into museums to explore key actors and periods in Qatar's history and evolution.

The Msheireb Museums provide visitors with a walk through Qatar's history in an up-close and personal way. Next, explore Qatar's newest hub for creativity and innovation, the Doha Design District. The district is home to new galleries, showrooms, creative services, and stores, as well as restaurants and cafes on offer by Qatar's up and coming designers, artists and entrepreneurs.

[Find out more...](#)



MSHEIREB'S FINE DINING RESTAURANTS

4 | Dine at one of Msheireb's fine restaurants

Experience fine dining at one of the many excellent restaurants in Msheireb. Enjoy exquisite dishes from renowned chefs who've mastered both local and international cuisines.

DAY 4 | EXPLORE BY WATER



WHALE SHARK EXCURSION

1 | Whale shark excursion (seasonal)

Start your day with an excursion to see the whale sharks in Qatar. Each year, hundreds of whale sharks congregate in the Al Shaheen region off the northeast coast of Qatar. On this voyage, you will be among the first to see them in Qatari waters. While these magnificent creatures are the biggest fish in the ocean, they are also the most gentle and majestic ones you will find underwater.

[Find out more...](#)

ALTERNATIVELY

Relax by the hotel pool/beach/spa

Begin the day on a relaxing note by the pool, beach or spa facilities at your resort or hotel.



RELAX BY THE HOTEL POOL/BEACH/SPA

2 | Kayaking trip at Al Thakira Mangroves

Travel to Al Thakira mangroves, near the coastal city of Al Khor, offering incredible opportunities for kayaking and bird watching. Unspoilt sandy beaches dot the peninsula in this region and offer a haven for everyone - from sun worshippers to skydivers to dune-bashers looking to relax after a hard day's adventure in Qatar's vast desert.

[Find out more...](#)



KAYAKING TRIP AT AL THAKIRA MANGROVES

3 | Dine at the resort or at one of Qatar's many unique eateries

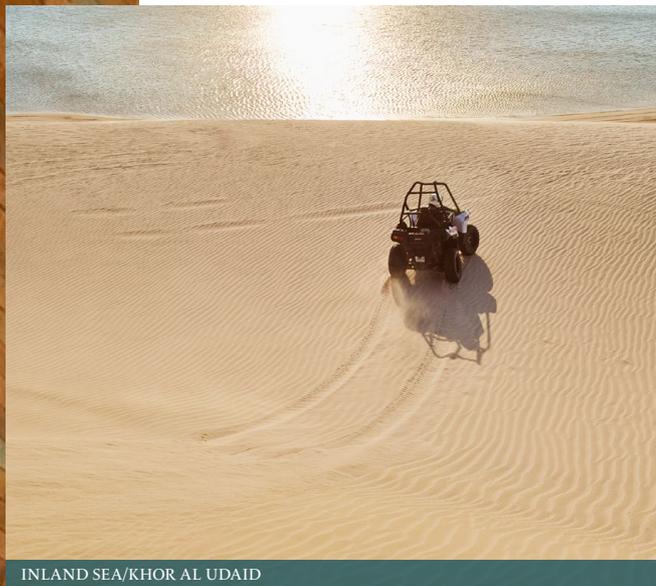
Return to your hotel for a sumptuous dinner or step out to one of Qatar's other many unique eateries - from upscale restaurants to trendy food truck parks.

[Find out more...](#)



UNIQUE EATERIES

DAY 5 | DESERT ADVENTURE



INLAND SEA/KHOR AL UDAID

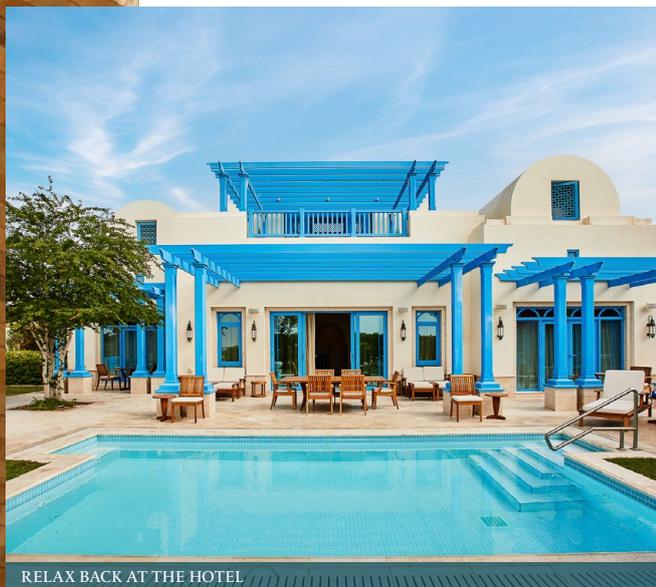
1 | Half- or full-day trip to the Inland Sea/ Khor Al Udaid

Book a day trip to the 'Inland Sea' or Khor Al Adaid, a UNESCO Heritage site, and one of the few places in the world where the sea encroaches into the desert. For a truly authentic desert experience, nothing beats a camel ride over the soft sand dunes, before embarking on an exhilarating desert safari (accessible by 4x4 vehicles). You can also enjoy the thrills of sandboarding, desert cycling, quad biking and more. Lastly, enjoy a traditional meal in a Bedouin camp for a complete desert experience.

[Find out more...](#)

2 | Relax back at the hotel

If you decide to return mid-day, spend time by the pool or beachside, or indulge in a spa treatment of your choice.



RELAX BACK AT THE HOTEL

3 | Dine at the resort or at one of Qatar's other many unique eateries

End the day with a delicious meal at an eatery of your choice. From high-end fine dining to street food options, Qatar has something for all types of food lovers.

[Find out more...](#)



UNIQUE EATERIES

DAY 6 | RELAX AND INDULGE



ZULAL WELLNESS RESORT

1 | Serenity day at Zulal Wellness Resort

Choose to spend a relaxing day with your loved one at Zulal Wellness Resort, the ultimate destination for serenity experiences, spread across 280,000 sqm in a secluded coastal enclave in northern Qatar. Zulal is the Middle East's first full-immersion wellness resort and the world's first centre for Traditional Arabic Integrative Medicine (TAIM).

[Find out more...](#)

ALTERNATIVELY

Explore the Pearl

Head to the Pearl and visit its various unique districts. Porto Arabia - the modern Mediterranean district features a plethora of great indoor and outdoor retail shopping options as well as seaside dining. Medina Centrale the bustling district central offers luxury and local boutiques and a wide variety of eateries. Finally, Qanat Quartier, a picturesque community that brings together Venetian charm with Arabian chic, is a lovely place to stroll along the canals.

[Find out more...](#)



EXPLORE THE PEARL

Private yacht cruise from The Pearl, Marina

Enjoy a cruise out from the Pearl - Marina on a private yacht with your loved one to enjoy the sights and scenes along the gorgeous Marina and around the Pearl.

[Find out more...](#)



PRIVATE YACHT CRUISE FROM THE PEARL, MARINA

DAY 7 | EXPLORE BY AIR



EARLY MORNING HOT AIR BALLOON TRIP

1 | Early morning hot air balloon trip

Start your day with a hot air balloon ride to witness the beautiful landscapes of Doha during sunrise. Experience the exciting sky adventure while enjoying a 360-degree panoramic and picturesque view of the city.

[Find out more...](#)

2 | Resort pool, beach and spa

Wind down from the early morning adventure back at the resort pool or beach. Alternatively, you may indulge in a final spa session on this last day of your trip.



SPA TREATMENT

3 | Katara Cultural Village

Take a stroll at Katara Cultural Village, Doha's ultimate destination for culture and entertainment. Enjoy the perfect combination of art galleries and workshops, theatres and performance venues, along with a wide variety of exceptional restaurants. Katara Cultural Village is also home to Galleries Laffayet, which features unique partnerships with local designers, for the shopping enthusiasts.

[Find out more...](#)

4 | Luxury shopping trip

Before you depart Qatar, make sure to take advantage of the luxury shopping opportunities across Doha. Plan a visit to Mall of Qatar, Doha Festival City or Place Vendome to fulfill all your shopping desires.

[Find out more...](#)



KATARA CULTURAL VILLAGE



LUXURY SHOPPING TRIP

RECOMMENDED STAY OPTIONS



Marsa Malaz Kempinski, The Pearl

The Marsa Malaz Kempinski is a luxury Beach Resort with award-winning Spa by Clarins, a private beach, outdoor pools, tennis court, state-of-the-art fitness center, activities line-ups for kids and adults, including water sports and a kids club.

[Find out more...](#)



St. Regis Doha

West Bay. Luxurious beach property featuring olympic-sized swimming pool, private beach cabanas, and a multitude of water sports. Home of world-class Remède Spa.

[Find out more...](#)



Sharq Village & Spa, A Ritz Carlton Hotel

This luxury beach resort is modelled after a traditional Qatari village and is in close proximity to Hamad International Airport (HIA) with views of Doha city skyline. The property offers hotel rooms and suites, as well as private villas. A truly unique Middle Eastern luxury spa experience is guaranteed.

[Find out more...](#)



Zual Wellness Resort by Chiva-Som

Wellness destination resort/retreat on northern tip of Qatar. Embraces Traditional Arabic & Islamic Medicine with a holistic and wellbeing philosophy. Zual Serenity is dedicated to adult guests seeking an immersive health and lifestyle reset. Retreat here could be full-stay in Qatar.

[Find out more...](#)



Grand Hyatt Doha Hotel and Villas

Luxury beach resort with 400m private beach and outdoor swimming pools. Extensive fitness center with indoor pool. Home to Jaula Spa.

[Find out more...](#)



Four Seasons Doha

Seaside retreat in heart of Qatar's capital, Doha. Private beach and marina. Multiple swimming pools. Kids and teens activities.

[Find out more...](#)



Ritz Carlton Doha

Set on an island in West Bay Lagoon. Extensive indoor and outdoor swimming pools and marina. Water front, but no beach access.

[Find out more...](#)